



Dear New Client,

Welcome to LifeWorks Counseling & Consulting. We are a team of dedicated professionals, and our entire team is ready to help you through every step of your counseling process. We understand that beginning this journey can be difficult, so we work to make the administrative parts as stress-free as possible. Following are a few pieces of helpful information, as well as some details you will need to take care of before your first visit.

**Self-Pay**

According to our telephone conversation, you will not be filing insurance and are paying our full contracted fee. You should come prepared to pay for your session each time you see your therapist. We accept cash, personal checks, Mastercard, Visa, and Discover.

**Intake Forms**

Enclosed you will find intake forms to be completed prior to your appointment time. Please complete them in black ink. You should plan to arrive at your first appointment at least 10 minutes early to allow time for the support staff to complete the administrative paperwork before you see your therapist.

If you have questions or need any assistance as you prepare for your first visit, please feel free to contact us. We are here to serve you and look forward to seeing you soon!

Sincerely,

*The LifeWorks Team*